Mental Health & Wellbeing Pyramid of Support

High Support

These children may receive all of the below, plus…

- Support from outside agencies
- Referrals to relevant services (CAHMS/Murray Hall)
- Inclusion Support

Medium Support

These children may receive all of the below, plus…

- Group pastoral sessions
- Individual pastoral sessions
- Play Therapy
- Drama Therapy
- Referral to Reflexions
- Creative Therapies
- Box Clever

Low Support

These children may receive all of the below, plus…

- Watchful eye/trusted adult
- Regular check-ins
- Morning Hub

Whole School Support

- Daily Meet and Greets
- PSHE/RSE Curriculum
- PE Curriculum
- School ethos
- Assemblies
- SEND Support
- Behaviour Curriculum
- Focus Weeks
- Inspire Sessions
- School Trips
- Extra-curricular Activities
- Pipil Leadership
- Regulation Stations
- Quote of the Week
- Website/Dojo