

Age	Being Me in My World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
3-4 years (EYFS)	<ul style="list-style-type: none"> <li>• who... Me?!</li> <li>• How am I feeling today?</li> <li>• Being at nursery/pre-school</li> <li>• Gentle hands</li> <li>• Our rights (nursery/pre-school charter)</li> <li>• Our responsibilities</li> </ul>	<ul style="list-style-type: none"> <li>• What am I good at?</li> <li>• I'm special, I'm me!</li> <li>• Families</li> <li>• Homes</li> <li>• Making friends</li> <li>• Standing up for yourself</li> </ul>	<ul style="list-style-type: none"> <li>• Challenge</li> <li>• Never giving up</li> <li>• Setting a goal</li> <li>• Obstacles and support</li> <li>• Flight to the future</li> <li>• Footprint awards</li> </ul>	<ul style="list-style-type: none"> <li>• Everybody's body</li> <li>• We like to move it, move it!</li> <li>• Food glorious food</li> <li>• Sweet dreams</li> <li>• Keeping clean</li> <li>• Safe adult</li> </ul>	<ul style="list-style-type: none"> <li>• My family and me!</li> <li>• Make friends, make friends, never ever break friends part 1</li> <li>• Make friends, make friends, never ever break friends part 2</li> <li>• Falling out and bullying part 1</li> <li>• Falling out and bullying part 2</li> <li>• Being the best friends we can be</li> </ul>	<ul style="list-style-type: none"> <li>• My body</li> <li>• Respecting my body</li> <li>• Growing up</li> <li>• Growth and change</li> <li>• Fun and fears</li> <li>• Celebration</li> </ul>
4-5 years (EYFS)	<ul style="list-style-type: none"> <li>• Who...me?!</li> <li>• How am I feeling today?</li> <li>• Being at school</li> <li>• Gentle hands</li> <li>• Our rights</li> <li>• Our responsibilities</li> </ul>	<ul style="list-style-type: none"> <li>• What am I good at?</li> <li>• I'm special, I'm me!</li> <li>• Families</li> <li>• Homes</li> <li>• Making friends</li> <li>• Standing up for yourself</li> </ul>	<ul style="list-style-type: none"> <li>• Challenge</li> <li>• Never giving up</li> <li>• Setting a goal</li> <li>• Obstacles and support</li> <li>• Flight to the future</li> <li>• Footprint awards</li> </ul>	<ul style="list-style-type: none"> <li>• Everybody's body</li> <li>• We like to move it, move it!</li> <li>• Food glorious food</li> <li>• Sweet dreams</li> <li>• Keeping clean</li> <li>• Safe adults</li> </ul>	<ul style="list-style-type: none"> <li>• My family and me!</li> <li>• Make friends, make friends, never ever break friends part 1</li> <li>• Make friends, make friends, never ever break friends part 2</li> <li>• Falling out and bullying part 1</li> </ul>	<ul style="list-style-type: none"> <li>• My body</li> <li>• Respecting my body</li> <li>• Growing up</li> <li>• Fun and fears part 1</li> <li>• Fun and fears part 2</li> <li>• Celebration</li> </ul>

					<ul style="list-style-type: none"> <li>• Falling out and bullying part 2</li> <li>• Being the best friends we can be</li> </ul>	
5-6 years (Year 1)	<ul style="list-style-type: none"> <li>• Feeling special and safe</li> <li>• My class</li> <li>• Rights and responsibilities</li> <li>• Rewards and feeling proud</li> <li>• Consequences</li> <li>• Owning and following out learning charter</li> </ul>	<ul style="list-style-type: none"> <li>• The same as... (accepting everyone is different)</li> <li>• Different from... (including others)</li> <li>• What is bullying?</li> <li>• What do I do about bullying?</li> <li>• Making new friends</li> <li>• Celebrating difference; celebrating me (compliments)</li> </ul>	<ul style="list-style-type: none"> <li>• My treasure chest of success</li> <li>• Steps to goals</li> <li>• Achieving together</li> <li>• Stretchy learning (challenges)</li> <li>• Overcoming obstacles</li> <li>• Celebrating my success</li> </ul>	<ul style="list-style-type: none"> <li>• Being healthy</li> <li>• Healthy choices</li> <li>• Clean and healthy</li> <li>• Medicine safety</li> <li>• Road safety</li> <li>• Happy, healthy me (keep my body safe)</li> </ul>	<ul style="list-style-type: none"> <li>• Families (types of families)</li> <li>• Making friends</li> <li>• Greetings</li> <li>• People who help us</li> <li>• Being my own best friend</li> <li>• Celebrating my special relationships (appreciating people)</li> </ul>	<ul style="list-style-type: none"> <li>• Life cycles</li> <li>• Changing me</li> <li>• My changing body</li> <li>• Boys and girls bodies</li> <li>• Learning and growing</li> <li>• copying with changes</li> </ul>
6-7 years (Year 2)	<ul style="list-style-type: none"> <li>• Hopes and fears for the year</li> <li>• Rights and responsibilities</li> <li>• Rewards and consequences</li> <li>• Rewards and consequences (scenarios)</li> </ul>	<ul style="list-style-type: none"> <li>• Assumptions</li> <li>• Stereotypes</li> <li>• What does bullying happen?</li> <li>• Standing up for myself and others</li> <li>• We're all different</li> </ul>	<ul style="list-style-type: none"> <li>• Goals to success</li> <li>• Being healthy</li> <li>• Learning with others</li> <li>• A group challenge</li> <li>• Being relaxed</li> </ul>	<ul style="list-style-type: none"> <li>• Healthy eating</li> <li>• Healthy eating</li> <li>• Keeping safe at home</li> <li>• Safe outside</li> <li>• Medicine safety</li> </ul>	<ul style="list-style-type: none"> <li>• Families (family members)</li> <li>• Keeping safe-exploring physical contact (acceptable and unactable contact)</li> </ul>	<ul style="list-style-type: none"> <li>• Life cycles in nature</li> <li>• Growing from young to old</li> <li>• The changing me</li> <li>• Boys and girls bodies</li> <li>• Assertiveness</li> </ul>

	<ul style="list-style-type: none"> <li>• Our learning charter</li> <li>• Owing our learning charter (recognise choices)</li> </ul>	<ul style="list-style-type: none"> <li>• Celebrating difference and still being friends</li> </ul>	<ul style="list-style-type: none"> <li>• Celebrating our achievement</li> </ul>	<ul style="list-style-type: none"> <li>• Happy, healthy me!</li> </ul>	<ul style="list-style-type: none"> <li>• Friends and conflict</li> <li>• Secrets</li> <li>• Trust and appreciation</li> <li>• Celebrating my special relationships (appreciating people)</li> </ul>	<ul style="list-style-type: none"> <li>• Looking ahead</li> </ul>
7-8 years (Year 3)	<ul style="list-style-type: none"> <li>• Getting to know each other</li> <li>• Our nightmare school</li> <li>• Our dream school</li> <li>• Rewards and consequences</li> <li>• Our learning charter</li> <li>• Owing our learning charter</li> </ul>	<ul style="list-style-type: none"> <li>• Families</li> <li>• Family conflict</li> <li>• Witness and feelings</li> <li>• Witness and solutions</li> <li>• Words that harm</li> <li>• Celebrating difference: compliments</li> </ul>	<ul style="list-style-type: none"> <li>• Dreams and goals</li> <li>• My dreams and ambitions</li> <li>• Feeling safe helps me grow</li> <li>• Choices that help us grow</li> <li>• Our new challenge-overcoming obstacles</li> <li>• Celebrating my learning</li> </ul>	<ul style="list-style-type: none"> <li>• Fit and healthy</li> <li>• Food and energy</li> <li>• What do I know about drugs?</li> <li>• Being safe and getting help</li> <li>• Safe or unsafe</li> <li>• My amazing body</li> </ul>	<ul style="list-style-type: none"> <li>• Family roles and responsibilities</li> <li>• Friendship</li> <li>• Global connections and thinking critically</li> <li>• Rights, needs and wellbeing</li> <li>• Being a global citizen</li> <li>• Celebrating my web of relationships</li> </ul>	<ul style="list-style-type: none"> <li>• How babies grow</li> <li>• Outside body changes</li> <li>• Inside body changes</li> <li>• Keeping ourselves clean</li> <li>• Family stereotypes</li> <li>• Looking ahead</li> </ul>
8-9 years (Year 4)	<ul style="list-style-type: none"> <li>• Becoming a class 'team'</li> <li>• Being a school citizen</li> <li>• Rights, responsibilities and democracy</li> <li>• Rewards and consequences</li> </ul>	<ul style="list-style-type: none"> <li>• Judging by appearances</li> <li>• Understanding influences</li> <li>• Understanding bullying</li> <li>• Problem-solving</li> <li>• Special me</li> </ul>	<ul style="list-style-type: none"> <li>• Hopes and dreams</li> <li>• Broken dreams</li> <li>• Overcoming disappointment</li> <li>• Creating new dreams</li> <li>• Achieving goals</li> </ul>	<ul style="list-style-type: none"> <li>• My friends and me</li> <li>• Keeping safe with friends</li> <li>• Smoking and vaping</li> <li>• Alcohol</li> <li>• Healthy friendships</li> </ul>	<ul style="list-style-type: none"> <li>• Jealousy</li> <li>• Love and loss</li> <li>• Memories</li> <li>• Getting on and falling out</li> <li>• Girlfriends and boyfriends</li> <li>• Celebrating my</li> </ul>	<ul style="list-style-type: none"> <li>• Unique me</li> <li>• Puberty and menstruation</li> <li>• Being part of a family</li> <li>• Circles of change</li> <li>• Accepting change</li> </ul>

	<ul style="list-style-type: none"> <li>• Our learning charter</li> <li>• Owning out learning charter</li> </ul>	<ul style="list-style-type: none"> <li>• Celebrating difference: how we look</li> </ul>		<ul style="list-style-type: none"> <li>• Celebrating my inner strength and assertiveness</li> </ul>	relationship with people and animals	<ul style="list-style-type: none"> <li>• Looking ahead</li> </ul>
9-10 years (Year 5)	<ul style="list-style-type: none"> <li>• My year ahead</li> <li>• Being a citizen of my country</li> <li>• Responsibilities</li> <li>• Rewards and consequences</li> <li>• Our learning charter</li> <li>• Owning our learning charter</li> </ul>	<ul style="list-style-type: none"> <li>• Different cultures</li> <li>• Racism</li> <li>• Rumours and name-calling</li> <li>• Types of bullying</li> <li>• Does money matter?</li> <li>• Celebrating difference across the world</li> </ul>	<ul style="list-style-type: none"> <li>• When I grow up (my dream lifestyle)</li> <li>• Keeping track of money</li> <li>• My dream job</li> <li>• Dreams and goals of young people in other cultures</li> <li>• How can we support each other?</li> <li>• Rallying support</li> </ul>	<ul style="list-style-type: none"> <li>• Smoking and vaping</li> <li>• Alcohol</li> <li>• Emergency aid</li> <li>• Body image</li> <li>• My relationship with food</li> <li>• Healthy me</li> </ul>	<ul style="list-style-type: none"> <li>• Recognising me</li> <li>• Safety with online communities</li> <li>• Being in an online community</li> <li>• Online gaming</li> <li>• My relationship with technology: screen time</li> <li>• My relationship with technology: staying happy and safe online</li> </ul>	<ul style="list-style-type: none"> <li>• Self and body image</li> <li>• Puberty for girls</li> <li>• Puberty for boys</li> <li>• Conception-taught in Science Yr5 (sex education lesson)</li> <li>• Looking ahead 1</li> <li>• Looking ahead 2</li> </ul>
10-11 years (Year 6)	<ul style="list-style-type: none"> <li>• My year ahead</li> <li>• Being a global citizen 1</li> <li>• Being a global citizen 2</li> <li>• The learning charter</li> <li>• Our learning charter</li> </ul>	<ul style="list-style-type: none"> <li>• Am I normal?</li> <li>• Understanding difference</li> <li>• Power struggles</li> <li>• Why bully</li> <li>• Celebrating difference</li> </ul>	<ul style="list-style-type: none"> <li>• Personal learning goals</li> <li>• Steps to success</li> <li>• My dream for the world</li> <li>• Helping to make a difference</li> </ul>	<ul style="list-style-type: none"> <li>• Taking responsibility for my health and well-being</li> <li>• Drugs</li> <li>• Exploitation</li> <li>• Gangs</li> </ul>	<ul style="list-style-type: none"> <li>• What is mental health?</li> <li>• My mental health</li> <li>• Love and loss</li> <li>• Power and control</li> </ul>	<ul style="list-style-type: none"> <li>• My self-image</li> <li>• Puberty</li> <li>• Babies: conception to birth- Science Yr5 (sex</li> </ul>

	<ul style="list-style-type: none"> <li>• Owning our learning charter</li> </ul>	<ul style="list-style-type: none"> <li>• Celebrating difference</li> </ul>	<ul style="list-style-type: none"> <li>• Helping to make a difference</li> <li>• Recognising our achievements</li> </ul>	<ul style="list-style-type: none"> <li>• Emotional and mental health</li> <li>• Managing stress and pressure</li> </ul>	<ul style="list-style-type: none"> <li>• Being online: real or fake? Safe or unsafe?</li> <li>• Using technology responsibly</li> </ul>	<p>education lesson)</p> <ul style="list-style-type: none"> <li>• Boyfriends and girlfriends</li> <li>• Adolescent friendships</li> <li>• Real self and ideal self</li> <li>• The year ahead</li> </ul>
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Not taught  
 Changed slightly  
 New lesson  
 No changes