



Wellbeing Warrior Meeting (15.09.25)



Attendees

3A	3B	3C	4A	4B	4C	5A	5B	5C	6A	6B	6C
Green	Red	Green	Green	Red	Red	Green	Green	Green	Green	Green	Green

Agenda

- Roles and responsibilities
- Priorities from Autumn Action Plan
- Idea sharing

Actions for Wellbeing Warriors

- Remind your class about the Regulation Stations.
- Remind your class about the worry box.
- Remind your class who they can talk to if they are worried.

Actions for Ms Melia

- Remind teachers to encourage Wellbeing Warriors to support in class with mindfulness
- Remind staff to ensure Regulation Stations are accessible and stocked.

Discussion topics for next meeting

- Quote of the week
- Regulation Station use and impact